



**UPDATED: Aug 6<sup>th</sup>**

### Nordiq Canada 2024-25 Domestic FIS Race Schedule

Date	Title	Race Formats	Event Location
Dec. 6 Dec. 7 Dec. 8	Nordiq Cup / Western Canada Cup	Interval Start F 7.5 km * Sprint F * Mass CL 10 km	Sovereign Lake, BC.
Dec. 13 Dec. 14 Dec. 15	Eastern Canada Cup / Coupe Canada de l'Est	Interval Start CL 10 km Sprint CL * Interval F 7.5 km *	ENGNE Nakkertok, QC.
Jan. 2 Jan. 3 Jan. 4 Jan. 5	Nordiq Canada Selection Trials Nordiq Cup (COC) / Essais de Nordiq Canada et Coupe Nordiq (COC)	Training / <b>Backup race day</b> Sprint CL* (Priority 1) Mass CL 20 km Interval Start F 10 km * (Priority 2)	LSNA Thunder Bay, ON.
Jan. 31 Feb. 1 Feb. 2	Western Championships Canada Cup / Championnats de l'Ouest	Interval F 11.25 km Sprint CL Pursuit CL 15 km	Kimberley, BC
Jan. 31 Feb. 1 Feb. 2	Eastern Championships Canada Cup / Championnats de l'Est	Sprint F Relay F Interval Start CL 10 km	CCSFQ/CNMSA/Skibec Nordique  Mont-Sainte-Anne QC.
March.16 Mar. 17 Mar. 18 Mar. 19 Mar. 20 Mar. 21 Mar. 22 Mar. 23	2025 Nordiq Canada Ski Nationals / Nordiq Canada Ski Nationals / Championnats Canadien de ski Nordiq Canada 2025	Training Day U16/U18 Interval F 5/10 km U16/U18 Sprint CL U20/Open Interval F 10 km U16/U18 Mass CL 10/15 km Club Relay mixed CL/F 4x5 km U20/Open Sprint CL U20/Open Mass CL 20/30 km	Canmore, AB.

*Technique and distance priorities (\*) for selection purposes, if there are weather or snow issues.*