

Continental Cup

Selection Criteria

2024-25



Table of Contents

1. General Information	3
2. Eligible Competitions in the 2024-25 Season	4
3. FIS Allocation of Additional World Cup Quotas for the COC Series.....	5
4. Nordiq Canada Selection of COC Leaders.....	5
5. Series Scoring.....	5

1. General Information

1. FIS Objectives: To assist in athlete development for participation in the World Cup (WC).
2. Nordiq Canada Objectives: To create competitive opportunities based on results from select domestic competitions to provide WC starts and stimulate the transition from domestic to future World Cup, World Ski Championships and Olympic Winter Games medalists.
3. Nations can apply to FIS to designate as a “FIS Continental Cup Series” domestic race events that meet FIS criteria. In receiving official designation for such a series, host nations receive additional World Cup quota. Races that have received this designation in Canada are called Nordiq Cups.
4. These additional quotas are nominative, the athletes cannot be substituted if they cannot start due to curtailment of health or force majeure.
5. The athletes have to meet the World Cup entry requirements (see [FIS World Cup Rules](#) point 2.1).
6. General principles about qualification for the World Cup can be found in the World Cup rules (see [FIS World Cup Rules](#)).
7. For the 2024-25 season, the Nordiq Cups, Nordiq Canada Selection Trials, and the Nordiq Canada Ski Nationals competitions referenced in 2.0 are designated as Canada’s FIS Continental Cup Series (Nordiq Cups).
 - a. All designated competitions will be FIS-sanctioned.
 - b. Competitors with FIS licenses, entered in the open classes of individual races, will be eligible for points allocated for the series standings and aggregate winners.
8. Nordiq Canada’s High Performance Director (HPD) reserves the right to decide whether Canada will utilize these additional World Cup quota positions allocated by FIS in consideration of Canada’s FIS Continental Cup Series. The decision will be based on factors that include:
 - a. *Nordiq Canada 2024-25 Competition Selection Criteria* sections 1 and 2

- b. World Cup scheduling (i.e. competition formats, distances, and locations) and the athlete’s ability to compete in the scheduled events.
9. Nordiq Canada will only consider for selection members in good standing who have a valid Canadian passport, a valid Nordiq Canada license, and a valid FIS license and who meet FIS minimum eligibility standards referenced in 1.5.
 10. The COC series winners will receive travel subsidies according to article 6.2 of the [FIS World Cup rules](#). All other expenses, including the daily Nordiq Canada support fee listed in the competition selection criteria and project technical guide will be the responsibility of the athlete.

2. Eligible Competitions in the 2024-25 Season

Date	Place	Category	Format
PERIOD 1			
December 6-8, 2024	Sovereign Lake, BC	Nordiq Cup	7.5 km F SP F 10 km MS C
PERIOD 2			
January 2-6, 2025	Thunder Bay, ON	Nordiq Cup/ Nordiq Canada Selection Trials	SP C 20 km MS C 10 km F SP F
PERIOD 3			
NO EVENTS			
PERIOD 4			
March 19-23, 2025	Canmore, AB	Nordiq Cup/ 2025 Nordiq Canada Ski Nationals	10km F SP C, MS C

3. FIS Allocation of Additional World Cup Quotas for the COC Series

1. All FIS requirements regarding additional quota for the COC Series leaders and winners are set out in the rules for the [FIS Cross-Country Continental Cup](#).

4. Nordiq Canada Selection of COC Leaders

1. Subject to section 4.0 in [Rules for the FIS Cross-Country Continental Cup](#), Nordiq Canada may select athletes to use the additional quota provided by FIS based on the following:

	Athletes Eligible for Selection	As of:	COC Series Ranking Based on:	Eligible for Selection for:
a.	Overall male and female winners for 2023-24	March 31, 2024		WC P1
b.	Overall male and female COC Leaders	December 23, 2024	Total of highest 2 scores (out of 3 races) in sprint and/or distance	WC P2
c.	Overall male and female COC series leaders	January 13, 2025	Total of highest 5 scores (out of 7 races) in sprint and/or distance	WC P3
d.	Overall male and female COC series leaders	February 24, 2025	Total of highest 5 scores (out of 7 races) in sprint and/or distance	WC P4
f.	Overall male and female COC series winners for 2024-25	March 31 st , 2025	Total of highest 8 scores (out of 10 races) in sprint and/or distance	WC Period 1 2025-26

Nordiq Canada will only offer team and travel support to COC leaders at select WC races as outlined in the 2024-2025 Competition Selection Criteria.

5. Series Scoring

1. The scoring system outlined in the Nordiq Canada Technical Package, which uses the World Cup scoring system, will be used to determine the overall leaders throughout the COC Series:

- a. A scoring system that assigns points as follows: 1st place= 100 points, etc.
 - b. The principles to be applied for any tie-breaking situations is outlined in [the FIS World Continental Cup rules](#) point 3.2.2.
2. Cancellation of any race in the series will result in a review of the number of results to be considered in each period; this reassessment will be made by the HPD with input from the HPC.