



2025 Nordiq Canada FIS Para Cross-Country Continental Cup Race Notice

November 26-27, 2025, Canmore Nordic Centre, Canmore, AB

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GENERAL INFORMATION

Location

[Canmore Nordic Centre](#) - Biathlon Stadium

Schedule of Events

November 24 – Classification Day	<ul style="list-style-type: none">• Unofficial Training all day until 15:00• Trails fees and Kananaskis Conversation Pass in effect.• 12:00 – Zone 4 Registrations closes• 19:00 – Distance seeding list available on Zone4
November 25 – Classification Day and Official Training	<ul style="list-style-type: none">• 09:00 – Race Office opens• 11:00 – Official Training opens until 15:00 for 5km C• 12:00 – Draft start list posted for 5 km Interval Start C• 14:00 – Corrections to 5 km C start list due• 15:00 – Final start list posted for 5 km C• 17:00 – Team Captains Meeting – Virtual
November 26 – Race Day 1 (5 km Interval Start Classic)	<ul style="list-style-type: none">• 08:00 – Race Office opens• 08:30 – Bib pick up• 10:00 – Sit Ski (LW10-12) men/women• 11:00 – Standing (LW2-9) + NS1-3) men/women• 12:00 – Draft 10 km Interval Start F start list posted• 12:30 – Official Training opens until 14:30 for 10 km F• 15:00 – Corrections to 10 km F list due• 16:00 – Final start list posted for 10 km F• 18:00 – Team Captains Meeting – Virtual
November 27 – Race Day 2 (10 km Interval Start Free Technique)	<ul style="list-style-type: none">• 08:00 – Race Office opens• 08:30 – Bib pick up• 10:00 – Sit Ski (LW10-12) men/women• 11:30 – Standing (LW2-9 +NS1-3) men/women

*Nordiq Canada Tier 2 race starts will be available to PN athletes who are not yet internationally classified, for race experience only. No FIS PSS points or awards will be available to Tier 2 athletes.

Event Cancellation and Changes

Any change in the event location or timing will be posted via the WhatsApp group, as early as it is known. If necessary, a decision on event cancellation or change of site due to weather or snow conditions will be made one week prior to the event, as recommended by the Jury.

Sanctioning

The event is sanctioned by FIS Para Snow Sports - Cross-Country and Nordiq Canada

Qualification Events for Canadian Athletes

- FIS Para Nordic (FIS PSS) COC points
- Canadian Selections to FIS Para Nordic World Cup and Paralympic Winter Games
- PN-CPL Points

Technical Background

The event is guided by the following:

- International Ski Competition Rules [\(ICR\): Para Cross-Country](#) (July 2025)
- Para Cross-Country Points and Para Cross-Country World Cup Points (July 2025)
- FIS Para Snowsports Equipment Specifications 2025/2026 (July 2025)
- FIS Para Cross-Country Homologation Guide (July 2025)
- FIS The International Ski Competition Rules (ICR) Book II Cross- Country (June 2025)
- ICR-CCR (Canadian Competitions Rules) Precisions 2024
- CPL Guidelines

Notice of Doping Control

Athletes and coaches must be aware that doping control tests may be conducted by the Canadian Centre for Ethics in Sport (CCES) on a random basis in accordance with the Canadian Anti-Doping Program.

SafeSport

Everyone has the right to a safe and inclusive environment, free from maltreatment. If you are experiencing, or you suspect someone else is experiencing, abuse, discrimination, violence or other forms of maltreatment follow this link for the [Canada Safe Sport Program Report Form](#).

Competition Committee

POSITION	NAME
Chief of Competition	Jeff Ellis & Milaine Thériault
Chief of Course	Menno Arendz
Chief of Timing and Results	Zone 4
Competition Secretary	Nicky Williams

Jury

POSITION	NAME
Technical Delegate	Dan Brisbin
Assistant Technical Delegate	Ivan Babikov
Chief of Competition	Jeff Ellis & Milaine Thériault

REGISTRATION

Registration closes November 24th, in Zone4: All registration fees must be paid online on Zone4.

[Race Registration](#)

Race Fees

Cross-Country Race fees are CDN \$50 per race plus applicable taxes and fees.

Trail fees are in effect for all official training and race days. Passes can be purchased at the Canmore Nordic Center.

Refunds

Refunds may be made at the sole discretion of Nordiq Canada. There will not be any refunds if athletes fail DNS races.

Corrections

Racers and coaches should consult the confirmation list on Zone 4 as soon as possible after they complete their registration. If there are any corrections to be made to your registration, please contact the competition secretary before November 24th.

Seeding

- The starting positions will be determined by FIS PN points.
- Seeding distance lists will be distributed prior to each TCM for review by the coaches. Please contact nwilliams@nordiqcanada.ca before 15:00 prior to the TCM, regarding any corrections.
- Start lists and results will be posted on Zone4.ca once available.

Bib Pick Up

- Bib pick-up will take place at the Nordiq Canada office. Bibs will be available for pick up at 8:30 a.m.
- Athletes will be charged a bib replacement fee of \$100 for each missing bib, which must be paid prior to another race start being granted.

INFORMATION AND COMMUNICATION

Communications during the event will be done via email and WhatsApp. Join the **WhatsApp** group here:
<https://chat.whatsapp.com/L1FbAmvjRyp6giMsFI8GBA>

EMAIL		
Nordiq Canada Chief of Competition	Jeff Ellis	Jellis@nordiqcanada.ca
Competition Secretary	Nicky Williams	nwilliams@nordiqcanada.ca

Team Captains' Meetings

The Team Captains' Meetings will be held via zoom, as per the Event Schedule. Links to the Zoom meetings will be distributed on the WhatsApp event group (see above).

Other communications with coaches will be done by WhatsApp and email.

COMPETITION

Categories

CATEGORY	SUBCATEGORY	YEAR OF BIRTH
Para-Nordic Sit Ski LW10-12 Men/Women	CC ONLY – Tier 2 PN Sit Ski LW 10-12 M/W	N/A
Para-Nordic Standing Ski LW2-9 & B1-3 Men/Women	CC ONLY – Tier 2 PN Standing LW 2-9 & B1-3 M/W	N/A

Races

CATEGORY	November 26/27 INTERVAL START-CLASSIC/FREE TECHNIQUE	
PN Sitting LW10-12 Men/Women	Nov. 26 CL	5 km
PN Standing LW2-9, NS1-3 Men/Women	Nov. 26 CL	5 km
PN Sitting LW10-12 Men/Women	Nov. 27 F	10 km
PN Standing LW2-9, NS1-3 Men/Women	Nov. 27 F	10 km

Courses are dependent on available trails and subject to change

Official Training

DATE	TYPE	TIME	COURSES
November 25	Official	11:00-15:00	Appendix A
November 26	Official	12:30 –14:30	

Warm Up

- All athletes will need a bib to access the course on competition days.
- Athletes should be prepared to warm up outside of the competition trails in variable conditions. More details will be available at the Team Captains Meetings; however, athletes and coaches should be prepared to use rock skis and/or prepare for running warmups and spinners.
- Racers can warm up on the racecourse until 5 minutes before the start. The racecourse will then be closed until the end of the race.
- The Jury reserves the right to limit or restrict the use of the racecourse to warm up if conditions warrant.

Course and Stadium Maps

See Appendix A

Results and Protests

The official timing will be conducted by Zone4 timing.

Unofficial and official results will be posted on the WhatsApp group. Protests must be submitted in accordance with ICR rules. A notification will be sent on the coaches What's app group to indicate that unofficial results can be consulted. The protest period will end 15 minutes after the notification is sent.

Awards

Awards will take place at the Bill Warren Training Center, 1 hour after the last racer finishes.

Standardized Waxing Protocol

A standardized wax protocol will be used for the Para Cross-Country Continental Cup. The standardized wax will be communicated at the TCM. The selected wax will be available at [Trail Sports](#) located at the Canmore Nordic Centre.

The use of fluorinated wax or tuning products containing fluorine is not allowed for all categories.

ELIGABILITY AND LICENSE

To enter in the FIS PN COC event, a skier must:

- Be a member in good standing of their national federation.
- Have a Nordiq Canada racing license and valid FIS PN license (for Canadian athletes only).
- Foreign athletes must have a valid FIS PN license.
- Sign the Nordiq Canada Informed Consent Assumption of Risk form (through Zone4 registration).
- Be internationally classified.
 - Sanctioned race entry requires international classification status and assigned sport class.
 - To obtain FIS PN Points, a skier must have a FIS PN license and be internationally classified.

Athletes with National Classification may enter the non-sanctioned category and sport class

To participate in the non-sanctioned category, a skier must:

- Be a member of good standing of their national federation.
- Compete in the Sport Class with the highest factor of his/her category, as follows: Vision Impaired: NS3, Standing: LW4, Sitting: LW12 ([see art. 12201.3](#))
- Have a valid Nordiq Canada racing license.
- Sign the Nordiq Canada Informed Consent Assumption of Risk form (through Z4 registration)
- Be nationally classified OR not classified.
 - Athletes in this category will not obtain FIS points.

Guide Licences

Licenses for Para Nordic guides are the responsibility of the visually impaired athlete. Although guides do not pay registration fees, they should register on Zone4 and must sign the Nordiq Canada Waiver form at the Competition Office unless they hold a valid Nordiq Canada license.

FACILITY INFORMATION

Wax Cabins

Wax Cabins are available to rent through the Canmore Nordic Centre: [Wax Cabin Booking](#)

Team Rooms*	Regular			Not For Profit		
	Full Day	Week	Month	Full Day	Week	Month
*Biathlon Team Rooms, Cross-Country Team Rooms, Wax Rooms	\$40.00	\$160.00	\$528.00	\$20.00	\$80.00	\$264.00

Parking

There is limited accessible parking at the Canmore Nordic centre. Parking in the lower parking lot, by the Biathlon Building, is the closest. Nordic Center parking requires [Kananaskis Parking Passes](#).

Trail Fees

Trail fees are in effect for all training and competition days. Trail passes can be purchased at the Canmore Nordic Centre.

Athlete's Lounge

Teams will have access to the Canmore Nordic Center Day Lodge. There is an on-site cafeteria for purchase of food and drinks.

ACCOMMODATIONS

Basecamp Resorts Canmore – Discounted room rates are available for teams competing in the event.

1002 Bow Valley Trail, Canmore, AB T1W 1N6

+1 (587) 807-6266

Booking with the discount:

1. Go to www.basecampresorts.com
2. Click "Book Now" in the top right corner and select dates and location. A new page will open.
3. In the top right corner click the blue "Change" button
4. Under Promo Code enter **NORDIQPLUS** and click search for availability.
5. Select the room you would like to book and complete your booking.

APPENDIX A:

