2026 Nordiq Canada FIS Para Cross-Country Continental Cup Race Notice

November 25-26, 2026, Canmore Nordic Centre, Canmore, AB

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GENERAL INFORMATION

Location

Canmore Nordic Centre - Biathlon Stadium

Schedule of Events

November 23 – Classification Day	• Unofficial Training all day until 15:00 • Trail fees and Kananaskis Conservation Pass in effect. • 12:00 – Zone4 registration closes
November 24 – Classification Day	• Unofficial Training all day until 15:00 • Trail fees and Kananaskis Conservation Pass in effect. • Official training from 10:00 to 12:00 • 19:00 – Competition seeding list available on Zone4
November 25 – FIS Cup Race Day	• 08:00 – Race Office opens • 08:30 – Bib pick up • 09:45 – Sit Ski (LW10-12) men/women • 10:45 – Standing (LW2-9) + NS1-3 men/women
November 26 – FIS Continental Cup Race Day	• 08:00 – Race Office opens • 08:30 – Bib pick up • 10:00 – Sit Ski (LW10-12) men/women • 11:30 – Standing (LW2-9) + NS1-3 men/women

Nordiq Canada Tier 2 starts are available to Para-Nordic (PN) athletes who are not yet internationally classified. These starts provide race experience only; Tier 2 athletes are not eligible for FIS PSS points or awards.

Event Cancellation and Changes

Changes to the event location or schedule will be posted in the WhatsApp group as soon as they are known. If weather or snow conditions require cancellation or a change of venue, a decision will be made one week before the event, based on the Jury's recommendation.

Sanctioning

The event is sanctioned by FIS Para Snow Sports – Cross-Country and Nordiq Canada.

Qualification Events for Canadian Athletes

- FIS Para Nordic (FIS PSS) COC points
- PN-CPL Points

Technical Background

The event is guided by the following:

- International Ski Competition Rules (ICR): Para Cross-Country
- Para Cross-Country Points and Para Cross-Country World Cup Points
- FIS Para Snowsports Equipment Specifications
- FIS Para Cross-Country Homologation Guide

Notice of Doping Control
Sport Integrity Canada (SIC) may conduct random doping control tests in accordance with the Canadian Anti-Doping Program. Athletes and coaches should be prepared for testing.

SafeSport
Everyone has the right to a safe, inclusive environment free from maltreatment. If you experience or suspect abuse, discrimination, violence or other maltreatment, use the Canada Safe Sport Program Report Form.

Competition Committee

POSITION	NAME
Chief of Competition	Jeff Ellis
Chief of Course	Mike Norton
Chief of Timing and Results	Zone 4
Competition Secretary	Megan Dunn

Jury

POSITION	NAME
Technical Delegate	Dan Brisbin
Assistant Technical Delegate	Mario Champigny
Chief of Competition	Jeff Ellis

REGISTRATION

Registration deadline: November 23, 2026, at 12:00. Register and pay all fees online through Zone4.

Race Registration

Race Fees

Race fees are CAD $50 per race, plus applicable taxes and fees.
Trail passes are charged separately. See Trail Fees under Facility Information.

Refunds

Refunds are at Nordiq Canada's sole discretion. No refunds will be issued for a did-not-start (DNS).

Corrections

Athletes and coaches should review the Zone4 confirmation list immediately after registering. Send any registration corrections to the Competition Secretary before November 23.

Seeding

- Starting positions are determined by FIS PN points.
- Distance seeding lists will be distributed for coaches to review before the Team Captains' Meeting (TCM). Send corrections to mdunn@nordiqcanada.ca before 15:00 on the day of the meeting.
- Start lists and results will be posted on Zone4.ca as they become available.

Bib Pick Up

- Collect bibs at the Nordiq Canada office from 08:30 on November 25 and 26, 2026.
- A $100 replacement fee applies to each missing bib. Athletes must pay this fee before they may start another race.

INFORMATION AND COMMUNICATION

Event updates will be shared by email and WhatsApp. Join the WhatsApp group using the code below.

ROLE	NAME	EMAIL
Chief of Competition	Jeff Ellis	jellis@nordiqcanada.ca
Competition Secretary	Megan Dunn	mdunn@nordiqcanada.ca

Team Captains' Meetings
Team Captains' Meetings will take place on Microsoft Teams according to the event schedule. Meeting links will be shared in the event WhatsApp group.

COMPETITION

Categories

CATEGORY	SUBCATEGORY	YEAR OF BIRTH
Para-Nordic Sit Ski LW10-12 Men/Women	CC ONLY – Tier 2 PN Sit Ski LW 10-12 M/W	N/A
Para-Nordic Standing Ski LW2-9 & B1-3 Men/Women	CC ONLY – Tier 2 PN Standing LW 2-9 & B1-3 M/W	N/A

Races

CATEGORY	November 25/26 INTERVAL START-CLASSIC/FREE TECHNIQUE	
PN Sitting LW10-12 Men & Women	Nov. 25/26	5 km C / 10 km F
PN Sitting LW10-12 Men & Women	Nov. 25/26	5 km C / 10 km F
PN Standing LW2-9, NS1-3 Men& Women	Nov. 25/26	5 km C / 10 km F

Courses are dependent on available trails and subject to change

Official Training

DATE	TYPE	TIME	COURSES

November 24	Official	10:00–12:00	Appendix A

Warm Up

- All athletes will need a bib to access the course on competition days.
- Athletes should be prepared to warm up outside of the competition trails in variable conditions. More details will be available at the Team Captains Meetings; however, athletes and coaches should be prepared to use rock skis and/or prepare for running warmups and spinners.
- Racers can warm up on the racecourse until 5 minutes before the start. The racecourse will then be closed until the end of the race.
- The Jury reserves the right to limit or restrict the use of the racecourse to warm up if conditions warrant.

Course and Stadium Map

See Appendix A

Results and Protests

The official timing will be conducted by Zone4 timing.

Unofficial and official results will be posted on the WhatsApp group. Protests must be submitted in accordance with ICR rules. A notification will be sent on the coaches What's app group to indicate that unofficial results can be consulted. The protest period will end 15 minutes after the notification is sent.

Awards

Awards will take place at the Bill Warren Training Center, approximately 1 hour after the last racer finishes.

Standardized Waxing Protocol

A standardized wax protocol will be used for the Para Cross-Country FIS Cup (Nov. 25) and FIS Continental Cup (Nov 26). The standardized wax will be communicated at the TCM. If needed, the selected wax will be available at Trail Sports located at the Canmore Nordic Centre.

The use of fluorinated wax or tuning products containing fluorine is not allowed for all categories.

ELIGABILITY AND LICENSE

To enter in the FIS PN COC event, a skier must:

- Be a member in good standing of their national federation.
- Have a Nordiq Canada racing license and valid FIS PN license (for Canadian athletes only).
- Foreign athletes must have a valid FIS PN license.
- Sign the Nordiq Canada Informed Consent Assumption of Risk form (through Zone4 registration).
- Be internationally classified.
    - Sanctioned race entry requires international classification status and assigned sport class.
    - To obtain FIS PN Points, a skier must have a FIS PN license and be internationally classified.

Athletes with National Classification may enter the non-sanctioned category and sport class

To participate in the non-sanctioned category, a skier must:

- Be a member of good standing of their national federation.
- Compete in the Sport Class with the highest factor of his/her category, as follows: Vision Impaired: NS3, Standing: LW4, Sitting: LW12 (see art. 12201.3)
- Have a valid Nordiq Canada racing license (Canadian athletes only).
- Sign the Nordiq Canada Informed Consent Assumption of Risk form (through Z4 registration)
- Be nationally classified OR not classified.
    - Athletes in this category will not obtain FIS points.

Guide Licences

Licenses for Para Nordic guides are the responsibility of the visually impaired athlete. Although guides do not pay registration fees, they should register on Zone4 and must sign the Nordiq Canada Waiver form at the Competition Office unless they hold a valid Nordiq Canada license.

FACILITY INFORMATION

Wax Cabins
Wax Cabins are available to rent through the Canmore Nordic Centre: Wax Cabin Booking

	Regular			Not For Profit		
Team Rooms*	**Full Day**	**Week**	**Month**	**Full Day**	**Week**	**Month**
***Biathlon Team Rooms, Cross-Country Team Rooms, Wax Rooms**	$50.00	$300.00	$600.00	$25.00	$100.00	$200.00

Parking

There is limited accessible parking at the Canmore Nordic centre. Parking in the lower parking lot, by the Biathlon Building, is the closest. Nordic Center parking requires Kananaskis Parking Passes.

Trail Fees

Trail fees are in effect for all training and competition days. Trail passes can be purchased at the Canmore Nordic Centre. Special event trail fee is $10.00. Please have the athletes/coaches identify themselves as part of the Para COC.

Athlete's Lounge

Teams will have access to the Canmore Nordic Center Day Lodge. There is an on-site cafeteria for purchase of food and drinks.

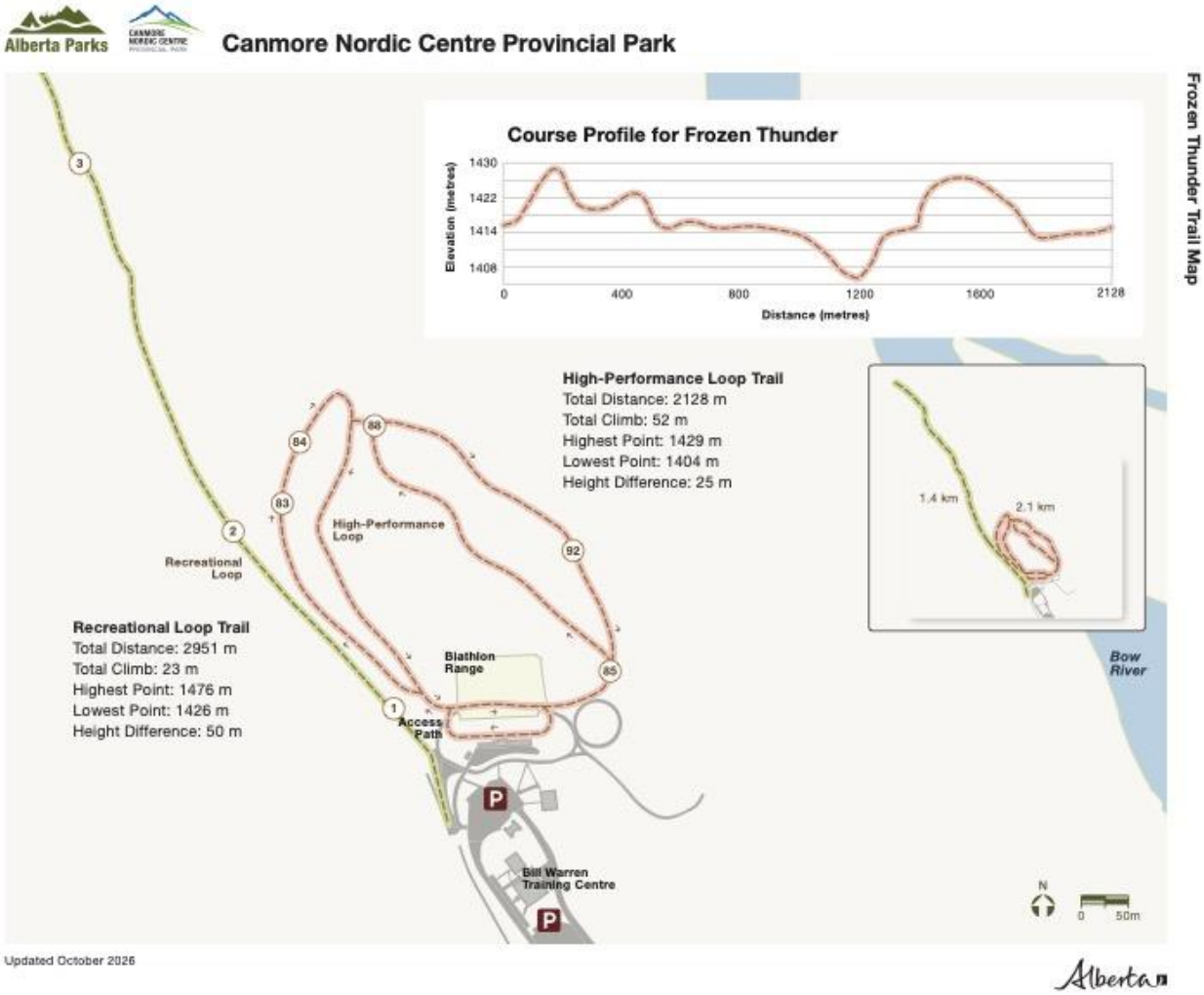
ACCOMMODATIONS

Basecamp Resorts Canmore – Discounted room rates are available for teams competing in the event.
1002 Bow Valley Trail, Canmore, AB T1W 1N6
+1 (587) 807-6266

Booking with the discount:
1. Go to www.basecampresorts.com
2. Click "Book Now" in the top right corner and select dates and location. A new page will open.
3. In the top right corner click the blue "Change" button
4. Under Promo Code enter **NORDIQCDA** and click search for availability.
5. Select the room you would like to book and complete your booking.

***Accessibility is limited.**

APPENDIX A:

***Proposed Courses as of October 26, 2026. Courses may vary closer to competition days depending on the snow situation. As of this date, these Frozen Thunder courses will be available.**

Sit Ski Course will be an out and back on the recreational loop. Standing and VI competitions will take place on the High-Performance Loop.