

Revision approved by the CEO October 2019

COMPETITION REGISTRATION AND SANCTIONING POLICY

Preamble

1. Nordiq Canada is the sport governing body for cross-country skiing. Among its numerous responsibilities, Nordiq Canada is responsible for providing overall guidance and direction for the various functions required to permit Canadian cross-country ski competitions at all levels to be scheduled, organized and officiated to an approved and consistent standard.

**For the purposes of this document, competitions include
cross country ski competitions on snow and rollerski competitions.**

In addition, Nordiq Canada has specific responsibility for the scheduling and conduct of nationally sanctioned competitions that will provide high quality domestic and international competitive experiences to further the development of excellence in Canadian ski racers.

2. Sanctioning is the mechanism through which Nordiq Canada discharges several of these important competition-related responsibilities. Nordiq Canada sanctions competitions for the following reasons:
- a. to ensure that an approved standard of competition is provided as regards issues such as competition organization, rules and safety;
 - b. to ensure that competition organizers and designated participants are suitably covered by liability insurance;
 - c. to ensure that the results of the competition receive official recognition within Nordiq Canada's high performance and athlete development systems through the Canada Points List system; and
 - d. to ensure that the competition is formally integrated into the Nordiq Canada Calendar and that this information receives wide distribution within the national skiing community.

Registering of competitions is a procedure that ensures that competitions at all levels within Nordiq Canada are appropriately covered by Nordiq Canada's liability insurance policy.

Aim

3. The aim of this operational policy is to provide direction for the registering and sanctioning of competitions within Nordiq Canada.

Authority

4. This document is published under the authority of the CEO in consultation with the Nordiq Canada Events Committee.

Definitions

5. **Event.** A number of competitions (e.g. the Canadian Championships) that occur at a particular site in a specified time period and that are hosted by a particular organization (the Organizing Committee – see definition below).
6. **Competition.** An individual race within an event, incorporating one or more age classes. For competitions below World Cup level, both genders normally compete in the same competition (within their respective classes).
7. **Loppet.** A mass participation event featuring competitions for cross-country competitors regardless of experience or ability, licensed and non-licensed, without limitation on competition distance or format. Good sporting behaviour and courtesy toward other competitors are essential. Competitors must follow the marked course and allow faster skiers to pass when appropriate.
8. **Organizing Committee (OC).** The organization within the hosting Nordiq Canada club that is responsible for planning and executing a competition or an event. For major events such as the Canadian Championships, the OC will include both an Event Organizing Committee (EOC) and a Competition Committee (CC).
9. **Technical Delegate (TD).** A trained individual, appointed by the appropriate sport governing body, who has the knowledge and experience required to provide guidance to OCs on the organization and conduct of skiing competitions in accordance with current and approved rules and standards. Within Nordiq Canada, the TD is the representative of Nordiq Canada to the OC and is the guarantor that a competition will be conducted in accordance with Nordiq Canada Rules. All competitions sanctioned by Nordiq Canada and listed in the Nordiq Canada calendar must be supervised by a TD appointed by the responsible sport governing association (i.e. either Nordiq Canada or Division, depending on the level of competition).
10. **Technical Advisor (TA).** An experienced official for competitions that are sanctioned by Divisions. A Technical Advisor must be identified for all Division-sanctioned competitions as required by the Nordiq Canada insurance policy.

11. Competition Sanctioning. A competition is “sanctioned” when the OC agrees to meet the criteria established by the sanctioning body. Sanctioning by Nordiq Canada indicates the following:

- a. All participants in the competition
 - 1) possess a current Nordiq Canada Race License or
 - 2) are members of Nordiq Canada and compete in the U12 or younger age category; or
 - 3) have purchased a Nordiq Canada Supporting Member Day License or
 - 4) for foreign skiers, possess a current Associate Race License or International Ski Federation (FIS) License
- b. The competition will be conducted in accordance with current FIS and Nordiq Canada rules and regulations, with on-site supervision by a Nordiq Canada-trained TD
- c. The organizer agrees to incorporate into their race notice and support the Nordiq Canada policy on the use of Lo Fluoro waxes. All categories at Tier 2 events and junior categories at Tier 1 events will be restricted to the use of non-fluoro (NF) or low fluoro (LF) glide waxes. High fluoro (HF) or Medium Fluoro (MF) glide waxes, including HF or MF powders, pucks, blocks, and liquids are NOT permitted. Cold weather powder additives and hardeners are NOT permitted. The adherence to this guideline is self-governed and is the responsibility of the coaches, parents, athletes and wax technicians.
- d. Nordiq Canada attributes Canada Points List (CPL) points to all participants possessing a valid Nordiq Canada Race License, Associate Race License or, in the case of FIS races, a valid FIS License.

12. Competition Registering. A competition is “registered” when the particulars of the competition have been submitted to Nordiq Canada and the parent Division of the hosting club. All competitions hosted by Nordiq Canada clubs are expected to be registered 45 days in advance and specified safety precautions taken as per the Nordiq Canada insurance policy in order for Nordiq Canada’s liability insurance to be in force.

13. Nordiq Canada Race License. A license, issued directly by Nordiq Canada, that entitles the license holder to compete in Nordiq Canada-sanctioned competitions and to other benefits that are associated with the Nordiq Canada Race License (including preferred seeding and eligibility for CPL points). The license confirms that the license holder is a registrant in good standing of Nordiq Canada and has signed an Informed Consent and Assumption of Risk Agreement, and identifies the license holder’s club affiliation. See Nordiq Canada *Race License Policy* for more detail.

14. Nordiq Canada Development License. A sub-category of the Nordiq Canada Race License issued by Nordiq Canada to Canadian athletes in the U14 category and below,

which entitles the license holder to compete in Nordiq Canada-sanctioned competitions and to other benefits that are associated with the Nordiq Canada Race License.

15. Nordiq Canada Associate Race License. A license reserved for foreign racers, issued directly by Nordiq Canada, that entitles the license holder to compete in Nordiq Canada-sanctioned competitions and to benefit from preferred seeding and eligibility for Canada Points List (CPL) points. The license confirms that the license holder has signed an Informed Consent and Assumption of Risk Agreement. The Associate Race License is not to be confused with *License Member* as defined in the Nordiq Canada by-laws. Associate Race License holders must belong to the recognized national cross-country ski association in their home country and carry appropriate third-party general liability insurance.

16. Nordiq Canada Supporting Member Day License (SMDL). A license that confers upon the holder competition-day eligibility to compete in a Nordiq Canada-sanctioned competition organized by a Nordiq Canada club (except for competitions for which a Nordiq Canada Race License, Associate Race License or FIS License is mandatory:

- a. Competitors who are not individual members of a Nordiq Canada registered club or, for foreign racers, do not hold a Nordiq Canada Associate Race License or FIS License must purchase a Supporting Member Day License in order to compete in any Nordiq Canada-sanctioned competition hosted by a Nordiq Canada club unless eligibility guidelines state otherwise. This ensures that the OC has appropriate liability insurance coverage.
- b. Competitors who are individual members of a Nordiq Canada registered club (including masters) but who do not hold a Nordiq Canada Race License must purchase a Supporting Member Day License in order to compete in Nordiq Canada-sanctioned competitions. Athletes competing in the U12 age class and below of Tier 2 sanctioned events are exempt from this requirement unless the U12 category is specified in the race notice as a points race.
- c. If the U12 category is designated as a points race then all participating U12 athletes must hold a Nordiq Canada Development License or purchase a Nordiq Canada Supporting Member Day License.
- d. Competitors obtain Supporting Member Day Licenses through an OC as part of event/competition registration. The Supporting Member Day License can be purchased through the events registration process on Zone 4 if the OC has indicated a (“Non-Category Specific Fee Option”). These licenses are issued under Nordiq Canada’s authority.
- e. The holder of a Nordiq Canada Supporting Member Day License is eligible to compete in the Nordiq Canada-sanctioned competition for which the license has been purchased, but does not enjoy the benefits (such as preferred seeding, CPL

- points or FIS Regional Series standing) that are implicit in a Nordiq Canada Race License or Associate Race License.
- f. The Supporting Member Day License is valid only for the competition for which it is issued.
 - g. See Nordiq Canada *Race License Policy* for more detail.

17. International Ski Federation (FIS) Race License. A license issued by FIS that entitles the license holder to receive FIS points in FIS-sanctioned competitions. FIS licenses can be obtained through application to the Nordiq Canada National Office. In order to be eligible for FIS points an athlete **MUST** own a FIS license prior to the competition and **MUST** indicate the license number on the Event Registration Form.

18. Informed Consent and Assumption of Risk Agreement. This Agreement must be signed by club members as part of the club registration process. The Informed Consent and Assumption of Risk Agreement is a condition of membership in the club and a condition of participation in all club run or sanctioned events, competitions or activities. If the club member is under the age of majority in the province or territory in which the club member resides, a parent or guardian must sign the agreement. All non-club members must sign the Informed Consent and Assumption of Risk Agreement when they are participating in a club-organized event. Individuals who purchase a Nordiq Canada Race License do not need to complete an Informed Consent and Assumption of Risk Agreement for events during the season for which the Race License was issued. Individuals who purchase a Nordiq Canada Associate Race License must complete an Informed Consent and Assumption of Risk Agreement when they purchase the license. It is the OC's responsibility to ensure that an Informed Consent and Assumption of Risk Agreement is completed by all non-Nordiq Canada club members who don't hold a license and that the Nordiq Canada Race License number or, for foreign racers, Associate Race License or FIS License number is recorded for all participants in the competitions they host (see Administration, for details).

Policy for Nordiq Canada Competition Sanctions

19. Nordiq Canada will apply annually for FIS sanction for sufficient competitions to ensure that Canadian skiers have an opportunity to qualify for FIS points in a domestic context. These competitions will also be Nordiq Canada-sanctioned for insurance purposes.

20. Nordiq Canada will extend a Nordiq Canada sanction only to competitions where there is a competent OC, and where the competition organization is staffed with individuals who have been appropriately trained under Nordiq Canada's officials training program. Nordiq Canada will only provide a Tier 1 level sanction if the Host Club identifies Level II officials at all major levels of the Competition Committee and a Tier 2 sanction if the Host Club identifies a Level II official as Chief of Competition.

21. For all Nordiq Canada-sanctioned competitions, a Nordiq Canada-trained TD will be appointed by either Nordiq Canada or the host Division, depending on the level of competition. The TD will provide guidance to the OC on technical matters and is responsible for ensuring that each competition is conducted in accordance with current Nordiq Canada and/or FIS rules and regulations and any pertinent Technical Package authorized by the Nordiq Canada Events Committee.

22. Nordiq Canada maintains a liability insurance policy that provides appropriate third party liability insurance coverage to OCs and Canadian participants in all competitions sanctioned by Nordiq Canada or a Division provided that the provisions of Nordiq Canada's *Competition Registration and Sanctioning Policy* are met. The registering and sanctioning process ensures that competitions operate in a manner that is consistent with the requirements of Nordiq Canada's insurance policy. The Nordiq Canada insurance policy requires that all participants in Nordiq Canada-sanctioned competitions hosted by clubs that are covered by the policy must be either individual members (in good standing) of a registered club of Nordiq Canada, foreign racers holding an Associate Race License or FIS license or individuals who purchased a Supporting Member Day License. Competitors not falling within one of these categories must not be permitted to race as this may cause the insurance policy to be invalidated and expose the host club to liability.

23. Nordiq Canada operates a national points system, called the Canada Points List (CPL). In eligible competitions (either Nordiq Canada-sanctioned or FIS-sanctioned), the CPL enables the results of each competitor holding a Nordiq Canada Race License, or Associate Race License to be compared to both a national and international standard. In FIS races, foreign FIS license holders are also included on the CPL when they include their FIS number in race registration. CPL points resulting from Nordiq Canada-sanctioned competitions will be incorporated in CPL lists and retained in the Nordiq Canada database. CPL points may have critical importance for selection to Nordiq Canada-sponsored teams and competition trips.

Procedures for Registering and Sanctioning

24. International Ski Federation (FIS)

- a. Nordiq Canada will apply for FIS sanctioning for the highest level Nordiq Canada-mandated competitions on the Nordiq Canada calendar (e.g., the Canadian Championships, NorAm and Canada Cup competitions), as well as other high level competitions that may be independently mandated (e.g., some loppets, such as the Gatineau, Canada Winter Games). The FIS includes these competitions on the FIS calendar.
- b. For World Cup and higher level events hosted in Canada, the FIS will assign a TD and Assistant TD from outside Canada. Nordiq Canada will assign a (FIS-licensed) Assistant National TD. For other FIS-sanctioned competitions in Canada, Nordiq Canada will assign a FIS-licensed TD.

- c. For FIS-sanctioned competitions for which Nordiq Canada provides the TD, Nordiq Canada will report the results to the FIS, and competitors in possession of FIS licenses will receive FIS points for their results.
- d. Nordiq Canada will apply for FIS sanction for NorAm and other Tier 1 events and the latest FIS International Competition Rules (ICR) will apply to the FIS registered categories of these events. The hosting club is responsible for paying the FIS sanctioning fee of \$350.00 per event, together with the applicable fees (both sanction fees and Supporting Member Day License quota fees where applicable), through the Nordiq Canada online sanctioning process. Nordiq Canada is responsible for forwarding this fee to the FIS through the Canadian Snowsports Association (CSA).

25. **Nordiq Canada Sanctions.** Nordiq Canada sanctions “Olympic style” competitions at two levels: Tier 1 and Tier 2. For masters, senior and junior age categories, only participants with a Nordiq Canada Race License, Supporting Member Day License purchased from the OC, or, for foreign racers, Associate Race License or FIS License are permitted to compete in these competitions. Participants competing in the U14 age class in Tier 1 competitions require a Nordiq Canada Development License or a Supporting Member Day License to compete. Skiers entered in the U12 and below age categories for Tier 2 competitions who are members in good standing of a Nordiq Canada club do not require a Nordiq Canada Race License, or Supporting Member Day License unless the category is designated as eligible for points in the race notice:

- a. Tier 1. This category of sanctioning applies to the highest level Nordiq Canada-mandated competitions on the Nordiq Canada calendar (e.g., the Canadian Championships; the NorAm Canada Cup Series; and the Eastern and Western Canadian Championships). The Canada Winter Games also fall under this category:
 - 1) Competitions are scheduled (date and venue) through decisions taken by Nordiq Canada in consultation with the Events Committee, the High Performance Director and the parent Divisions of hosting clubs.
 - 2) Hosting clubs are expected to sanction competitions no later than 45 days in advance of the competition in order to be covered by Nordiq Canada’s insurance policy.
 - 3) Competitions in this category are listed in the Nordiq Canada calendar and/or the FIS calendar.
 - 4) Competitions sanctioned at this level are run in accordance with current FIS and Nordiq Canada rules and regulations, and are further governed by

technical packages produced under the authority of Nordiq Canada in consultation with the Events Committee.

- 5) FIS Competitions sanctioned at this level must be run on FIS homologated race courses.
 - 6) Nordiq Canada assigns TDs for these competitions.
 - 7) Participants possessing a Nordiq Canada Race License or, for foreign racers, an Associate Race License or FIS License, receive CPL points for their results provided that their race license number is recorded on the results.
 - 8) OCs pay sanctioning fee(s) to Nordiq Canada through their respective Division offices in accordance with the process identified under “Administration” below.
 - 9) OCs sell Supporting Member Day Licenses to Nordiq Canada members who do not hold a Nordiq Canada Race License (except for participants competing in the U12 age class and below) and to foreign racers who do not hold an Associate Race License or FIS License. Nordiq Canada is paid in accordance with the process identified under “Administration” below.
- b. Tier 2. This category of Nordiq Canada sanctioning applies to high-level competitions mandated at the Division level (e.g., provincial championship, provincial cup competitions, Tier 2 rollerski competitions):
- 1) Competitions are scheduled (date and venue) in accordance with decisions taken by Divisions.
 - 2) OCs apply for sanction using Nordiq Canada’s online system no later than 45 days in advance of the competition in order to be covered by Nordiq Canada’s insurance policy.
 - 3) Nordiq Canada lists these competitions on the Nordiq Canada calendar.
 - 4) Competitions sanctioned at this level are run in accordance with current Nordiq Canada and FIS rules and regulations.
 - 5) Nordiq Canada-trained TDs are appointed by the parent Division.
 - 6) The OC posts results to Zone4 and participants possessing a Nordiq Canada Race License or, for foreign racers, an Associate Race License or FIS License receive CPL points provided that their race license number is recorded on the results.

- 7) If the OC uses an alternative Race Registration and Results system the results are submitted to Nordiq Canada on the Race Result Template for non-Zone4 Administered Points Competitions in Annex D within 30 days of the competition for inclusion in the Canada Points List directory.
- 8) OCs pay a sanction fee to Nordiq Canada through the online process.
- 9) OCs sell Supporting Member Day Licenses to Nordiq Canada members who do not hold a Nordiq Canada Race License or , for foreign racers, who do not hold an Associate Race License or FIS License (except participants competing in non-CPL U12 age classes and below) and to non-Nordiq Canada members. Nordiq Canada is paid in accordance with the process identified under Administration below.
- 10) OCs require all participants that are not members of a Nordiq Canada registered club or , for foreign racers, do not possess a Nordiq Canada Associate Race License or FIS License, to sign an Informed Consent and Assumption of Risk Agreement that covers each competition. If the Participant is under the age of majority in the province or territory in which the Participant resides, a parent or guardian must sign the agreement. A separate Informed Consent and Assumption of Risk Agreement is NOT required for participants that are members of a registered Nordiq Canada club or who possess an Associate Race License.

26. Nordiq Canada Loppet Registration.

- a. Loppets are subject to Division oversight and are subject to the criteria in Section 28. In addition to Division registration, loppets will be registered using the online Nordiq Canada Event Sanctioning form and listed on the National calendar.
- b. A competition registration and promotional fee for loppets will be paid at the time of online registration.

27. Division Sanctions. Divisions may sanction less formal Olympic and loppet style competitions where a Technical Advisor rather than a TD is assigned. Each Division will determine its own sanctioning policy and identify the types of competitions to which it applies:

- a. OCs are expected to register competitions, including loppets, using Nordiq Canada's online system no later than 45 days in advance of the competition in order to be covered by Nordiq Canada's insurance policy.
- b. Competitions will be listed on the Divisional calendar, rather than the national calendar.
- c. Results are not eligible for CPL points.

- d. The governing Division will identify a Technical Advisor.
- e. The Nordiq Canada Rules will be applied, unless otherwise determined by the governing Division. In all cases, the safety precautions prescribed in the Nordiq Canada insurance policy must be taken.
- f. No sanction fee is paid to Nordiq Canada. The governing Division will determine whether other sanction fees are applicable.
- g. OCs require all participants who are not members of a Nordiq Canada registered club or do not possess a valid Nordiq Canada Associate Race License to sign an Informed Consent and Assumption of Risk Agreement that covers each competition.
- h. For insurance purposes, participants who are not Nordiq Canada members or, for foreign racers do not possess a Nordiq Canada Associate Race License or FIS License may be considered as “additional named insureds” for the duration of the event for which they have signed an Informed Consent and Assumption of Risk Agreement, *provided that Divisions and clubs have defined “member” to include such individuals.*
- i. Parent Divisions and/or hosting clubs are encouraged to charge a day membership fee to participants who are not Nordiq Canada members or, for foreign racers, do not hold a Nordiq Canada Associate Race License or FIS License in consideration of the privileges of membership (e.g. insurance coverage, race organization and officiating) that they are accessing. Provision for the levying, collection and disposition of such fees is a Division prerogative.

28. Non-Sanctioned Competitions. Divisions may also register (for insurance purposes) competitions for which no sanction is provided. These competitions will also be listed on the Divisional calendar.

Administration

29. Applications for Nordiq Canada Sanction. Requests for Nordiq Canada-sanctioning for competitions hosted by Nordiq Canada clubs must be submitted through the Nordiq Canada sanctioning process for Tier 1 and Tier 2 competitions. This is to ensure that provision is made for insurance protection for each competition and for Supporting Member Day Licenses to be available for non-Nordiq Canada members or Associate Race License holders, when applicable.

- a. Nordiq Canada Competition Sanctioning Application for Tier 1. Each club that plans to host a Nordiq Canada-sanctioned Tier 1 competition must complete the Nordiq Canada online sanction form available at zone4.ca. The online protocol replaces the old paper application found in Annex A (Club Application for Nordiq Canada Sanctioning of Competition) of this document.

- b. Nordiq Canada Competition Sanctioning Application for Tier 2 or Division Loppet. Each club that plans to host a Nordiq Canada-sanctioned Tier 2 competition or a loppet must complete the online form available at zone4.ca. The online protocol replaces the old paper application found in Annex A (Club Application for Nordiq Canada Sanctioning of Competition) of this document. Normally, the parent Division will have completed a competition calendar planning activity prior to this step taking place. Supporting Member Day License quotas will be purchased at the time of registration. Fees will be reconciled at the end of the season once participation levels are confirmed. Please note that SMDLs are not required for loppet registrations however all participants must complete the Informed Consent and Assumption of Risk Agreement.

30. Management of Supporting Member Day License Fees

- a. Cost. Supporting Member Day Licenses have a nominal value of \$5.00. This fee will be periodically reviewed and may be increased to ensure that parity is maintained between Nordiq Canada members (who pay club membership fees) and supporting members.
- b. Application. The application form for Supporting Member Day Licenses is appended to the Nordiq Canada *Race License Policy*. Instructions for processing the form are provided in the policy.
- c. Administration. Nordiq Canada has implemented a quota system for Supporting Member Day Licenses. This system is designed to simplify administration between Nordiq Canada, Divisions and hosting clubs. When applying for competition registration and sanctioning for a Nordiq Canada-sanctioned competition, OCs will estimate the number of Supporting Member Day Licenses that they expect to need and will purchase a quota for that number when they submit their Competition Registration and Sanction Application. Quota fees have been established at a level that minimizes risk to both Nordiq Canada and the OC (e.g. up to 30 licenses - \$90.00; up to 50 licenses - \$125.00). Alternatively, OCs may purchase Supporting Member Day Licenses individually at a cost of \$5.00 each. The OC will set the competition entry fee for skiers requiring a day license at a level that will incorporate the cost of Supporting Member Day Licenses. The following details apply:
 - 1. If the number of Supporting Member Day Licenses actually sold by the OC exceeds the purchased quota, the OC must pay to Nordiq Canada — the difference between the purchased quota and the actual quota required (i.e. OCs purchase the next level of quota, rather than paying for individual licenses).

Supporting Member Day License quota fees will only be refunded in the event of competition cancellation.

31. Informed Consent and Assumption of Risk Agreement.

OCs require all participants who are not members of a Nordiq Canada registered club or, for foreign racers, do not possess an Associate Race License or FIS License, to sign an Informed Consent and Assumption of Risk Agreement that covers each competition. If the Participant is under the age of majority in the province or territory in which the Participant resides, a parent or guardian must sign the agreement. A separate Informed Consent and Assumption of Risk Agreement is NOT required for participants who are members of a registered Nordiq Canada club or, for foreign racers, holders of a valid Associate Race License or FIS License.

- a. The Informed Consent and Assumption of Risk Agreement is shown at Annex B to this document.
- b. After the competition/event, completed Informed Consent and Assumption of Risk Agreements are to be retained by the host OC.
- c. Coaches cannot sign an Informed Consent and Assumption of Risk Agreement in place of parents or legal guardians. Club coaches who are travelling with teams to races have two general options for managing the Informed Consent and Assumption of Risk Agreement requirement for team members who are not members of a Nordiq Canada registered club or, for foreign racers, do not hold a valid Associate Race License or FIS License:
 - 1) Make each competitor - or parent or legal guardian as applicable - responsible for completing an Informed Consent and Assumption of Risk Agreement for each competition, either on site or in advance using forms printed from this policy or downloaded from the OC's Event Notice.
 - 2) Obtain a completed Informed Consent and Assumption of Risk Agreement from each competitor - or parent or legal guardian as applicable - in advance of the competition(s) and submit these documents to the OC on behalf of their team.

NOTE: Those who are not parents/legal guardians of a competitor who chose to sign an informed consent for participants, by purporting to waive the rights of others may be assuming liability.

List of Attachments

Annex A	Club Application for Nordiq Canada Sanctioning of Competition
Annex B	Informed Consent and Assumption of Risk Agreement
Annex C	Age of Majority (Date of Birth) in each Province/Territory
Annex D	Race Result Template for non-Zone4 Administered Points Competitions

Annex A

CLUB APPLICATION FOR NORDIQ CANADA SANCTIONING OF COMPETITION(S)
NOTE: Sanction Requests for Tier 1 & Tier 2 Olympic Style events and Division Loppet Registration is now done online at zone4.ca. Annex A is provided only to show what information is collected in the online system.

DIVISION: _____ **COMPETITION YEAR:** _____

1. EVENT NAME: _____
2. RACE(S) AND DATE(S):
 - a. 1st Competition _____ DATE: _____
 - b. 2nd Competition _____ DATE: _____
 - c. 3rd Competition _____ DATE: _____
 - d. 4th Competition _____ DATE: _____
3. LEVEL OF SANCTION (check one):
 - a. Nordiq Canada – Tier 1 _____
 - b. Nordiq Canada – Tier 2 _____
 - c. Division _____
 - d. Loppet Registration _____
4. HOST CLUB & LOCATION: _____
5. WEB LINK TO EVENT: _____
6. Please identify the Competitions listed above that will not be using Zone4 for Registration and Race Result purposes: _____
7. COMPETITION COMMITTEE CONTACT INFORMATION:
 (Please note all Chiefs must be Level II Certified Officials for Tier 1 Sanctioned events)
 - i) Chief of Competition:(T1 & T2) _____ Email: _____
 - ii) Chief of Stadium: _____ Email: _____
 - iii) Chief of Course: _____ Email: _____
 - iv) Chief of Timing: _____ Email: _____
 - v) Competition Secretary: _____ Email: _____
 - vi) Chief of Results: _____ Email: _____
8. TECHNICAL DELEGATE/ADVISOR (stroke out one):
 NAME: _____
 PHONE: _____ EMAIL: _____
9. SANCTION FEES (sanction fees are non-refundable)

Nordiq Canada (\$50 per competition day)	AMOUNT: _____
FIS Sanction Fee (\$350 per event)	AMOUNT: _____
Loppet Registration and Marketing Fee (\$25 per event)	AMOUNT: _____

10. SUPPORTING MEMBER DAY LICENSE QUOTA AMOUNT: _____

Up to 30 licenses: \$90.00	Up to 100 licenses: \$200.00
Up to 50 licenses: \$125.00	More than 100 licenses: \$300.00
If preferred, a specific number of licenses may be purchased for \$5.00 each.	

- a. Supporting Member Day Licenses are valid only for a single competition.
- b. Participants who purchase Supporting Member Day Licenses also sign the Informed Consent and Assumption or Risk Agreement included on the Supporting Member Day License form.
- c. After the event, the names and contact information of all skiers who purchased Supporting Member Day Licenses must be forwarded to the Division office for retention.
- d. If the number of Supporting Member Day Licenses sold exceeds the purchased quota, the OC must pay to Nordiq Canada – through the Division office - the difference between the purchased quota and the actual quota.
- e. Supporting Member Day License quota fees will be refunded in the event of race cancellation.

TOTAL OF PRELIMINARY FEES

AMOUNT: _____

**CROSS COUNTRY CANADA (doing business as Nordiq Canada)
INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT**

By signing this document you will assume certain risks. Please read carefully.

1. This is a binding legal agreement. As a Participant in the sport of cross-country skiing, rollerskiing and the programs, activities and events of **Cross Country Canada including all of its registered Divisions and Clubs and Canadian Snowsports Association** (hereinafter called **CCC/CSA**), which include without limitation cross-country and rollerskiing competitions, camps, clinics, and related activities such road cycling, running and hiking (hereinafter called the **Activities**), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the **Parties**), acknowledge and agree to the following terms:

Description of Risks

2. The Participant is participating voluntarily in the **Activities**. In consideration of the Participant's participation in the **Activities** sanctioned by **CCC/CSA**, the **Parties** hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the **Activities**, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
 - a) training whether indoor or outdoor including but not limited to strength training, running, hiking, and cycling;
 - b) overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
 - c) vigorous physical exertion, rapid movements and quick turns and stops;
 - d) falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
 - e) contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
 - f) failing to participate within one's abilities, skill and within designated areas;
 - g) becoming lost or separated from the group or the group becoming split up;
 - h) failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - i) extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
 - j) encounters with animals or plants including allergic reactions;
 - k) travel to and from training, competitive events and associated non-competitive events which are an integral part of the **Activities**; and
 - l) other risks normally associated with participation in the **Activities**.
3. **Furthermore, the Parties are aware:**
 - a) that injuries sustained may be severe, paralyzing or fatal;
 - b) that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of **CCC/CSA**,
 - c) that the risk of injury is reduced if the Participant follows all rules established for participation; and
 - d) that the risk of injury increases as the Participant becomes fatigued.

Disclaimer

4. In consideration of **CCC/CSA** accepting the Participant's application for membership in the **Club** or allowing the Participant to participate, the **Parties** agree that **CCC/CSA**, and its respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the **Activities** sanctioned by **CCC/CSA**, , caused by the risks, dangers and hazards associated with the **Activities**.

Acknowledgement

5. The **Parties** confirm that:
 - a) the Participant's physical condition is sufficient to allow participation in the sport of cross-country, rollerskiing and the activities, events and programs of **CCC/CSA**;
 - b) they have been provided sufficient information about **Activities** and the associated risks and hazards so that they are aware of the effect of this agreement;
 - c) the Participant agrees to abide by the Rules and Regulations imposed by **CCC/CSA**, in association with the **Activities**, and to follow the instructions of the officials during the **Activities**; and
 - d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the **Parties**, their heirs, executors, administrators and representatives.

6. In addition, the **Parties**:
- a) authorize **CCC/CSA**, to collect and use personal information about the **Parties** which relates in any way to the **Activities**, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the **CCC/CSA** websites;
 - b) grant permission to **CCC/CSA**, to photograph and/or record the **Parties** image and/or voice, and to use this material to promote **CCC/CSA**, through any form of and agree that the audio/visual material and copyright will remain the sole property of **CCC/CSA**, and waive any claim to remuneration for use of audio/visual materials used for these purposes; and
 - c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

We do not sell or distribute your personal information to any other third party not listed herein.

I, the Participant and/or Parent/Guardian, have read and agree to be bound by this agreement.

Name: _____ Date: _____ Signature: _____
--

NOTE: if the Member/Participant is under the age of majority in the province/territory in which the he/she resides, a parent or legal guardian MUST sign below.

Name of Parent/Guardian: _____ Date: _____ Parent/Guardian Signature: _____

<p>NOTE:</p> <p>All Informed Consent and Assumption of Risk Agreements are to remain with the Club Executive for a minimum of three years.</p> <p>DO NOT submit these forms to CCC/CSA or the Division Office</p>
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Annex C

AGE OF MAJORITY

Province	Age of Majority (for informed consent purposes)
Alberta	18
British Columbia	19
Manitoba	18
New Brunswick	19
Newfoundland and Labrador	19
North West Territories	19
Nova Scotia	19
Nunavut	19
Ontario	18
Prince Edward Island	18
Quebec	18
Saskatchewan	18
Yukon Territories	19

Annex D

RACE RESULT TEMPLATE FOR NON-ZONE4 ADMINISTERED POINTS COMPETITIONS

The Results Template must be populated with the time and Nordiq Canada or FIS license of all licensed participants in the competition if results are to be referenced in the Canada Points List database.

Race Name	Template - Canmore Rollerski Trials			
Location	Canmore, AB			
Date	month/day/year			
Category	Roller ski			
Gender (M/F)	W			
Distance	10			
<hr/>				
Time	FirstName	LastName	Nordiq CanadaLicence	FISLicence
30:30.2			22610	
31:02.6			17570	