



Person With a Disability (PWAD) 2023-24 – Becoming Para Ready

Using the principles shared during the **Be Para Ready Workshops** in the spring – what is your club/division proposing to undertake to become more para ready, and shift your inclusive and Para-Nordic programming?

Nordiq Canada has a **total of \$30,000** to support grassroots and Gold Medal Pathway (GMP) Para Nordic initiatives across Canada – and will support up to a maximum of 50% of a proposed initiative.

APPLICATION PROCESS FOR FUNDING ASSISTANCE

Submit in **one single PDF document** the following information. Your club/division's application should use the following headings and, in the order, listed below. (Maximum 10 pages; point form recommended)

Please outline your proposed projects and initiatives in relation to the **10 Ps**, your expected outcomes and how the funding will be used to create meaningful change.

For clubs applying for PWAD funding, a letter of support from your division is strongly recommended.

A. COVER LETTER

- i. A one-page letter **stating the amount requested (in bold) up to a maximum of \$7,500** from the PWAD grant and a brief overview of the club/division's needs and how those funds would be utilized including the anticipated impacts.

B. PWAD APPLICATION FORM:

- i. Complete APPENDIX A.

C. ORGANIZATION

The club/division must be able to demonstrate organizational effectiveness and a healthy and vibrant development system based on the Para Nordic LTAD model. For each of the P's listed below, please provide the requested evidence or plan to address any gaps.

1. Does your club/division have a written and posted **PHILOSOPHY** regarding inclusion of people with a disability (please include a link as evidence)?
 - I. How is disability and inclusion defined within this philosophy?
 - II. How is your philosophy reflected in your programming and services?
 - III. What is your desired future state for inclusion?



2. Who are the **PEOPLE** leading the Para Nordic and/or inclusion initiatives at your club/in your division?
 - I. What is their experience in para sport specifically, and/or in inclusive programming?
 - II. What level of AWAD coaching will the coach(es) responsible for delivering the program have?
 - III. Has anyone involved in this project taken the Becoming Para Ready course?
 - IV. What programs exist at your club/in your division to expand your knowledge, and awareness to deliver inclusive programming?
 - V. What capacity does your club/division currently have to support and deliver inclusive programming – including recreational and competitive pathway programs?
 - VI. What is your desired future state for inclusive programming?

3. What **POLICIES** do you have in place related to Para Nordic programming, inclusion, and accessibility for people with a disability?
 - I. Please indicate (and submit) whether your club has an inclusion commitment statement (please provide a link)
 - II. Please demonstrate how your club/division includes people with a disability, in your club, your programming (recreational, competitive, other), in your planning (program offered, etc....)
 - III. Please indicate any policy areas that may currently be a gap and plans to address these gaps.

D. PROGRAM AND/OR PROJECT DESCRIPTION AND AN OPERATIONAL PLAN

In view of sustainable *athlete and coach development and retention, and programming* please provide insight into the following:

PLANNING

- I. What is/are the planned initiative(s)?
 - What are the planned outcomes for the initiative (increased participation, more coaches trained). Please be specific.
 - How will the project be implemented? What are the timelines, who will be involved, how will it be advertised, what is the plan.
 - What systems will you put in place to ensure the initiative is self-sustaining and repeatable? What are the legacy goals for the initiative?
 - Who are the target groups? How many participants are you targeting through this initiative?
- II. For previous recipients of the 2022-23 PWAD program, please describe how further funding will build upon recent accomplishments and advancements. Please indicate how these plans align with the club/division's strategic or development plans.



- III. For first time applications, or for club/division's not having received support during the 2022-23 fiscal year, please describe the identified gaps targeted through PWAD support.
- IV. For all applicants, describe how your proposed programming and/or projects will feed into and contribute to the success of the provincial and national program?

PLACE

- i. Please describe your training or project site's accessibility.
- ii. Indicate your club/division's involvement in planning and hosting inclusive events.
- iii. Indicate any challenges your club may be experiencing with regards to site access and quality training environments and how these are mitigated.

PARTNERSHIPS

- i. Please indicate how your club/division aligns and collaborates within your Provincial, National, and regional structures (i.e.: participation at: Para Nordic training camps, Nordiq Canada coaching conference, Para Nordic provincial and national race circuit, committees, Disability groups in your community and with other para sports, etc.). Include any relevant strategic plans and highlight alignment within these plans.

E. OPERATIONAL BUDGET

Submit an estimated budget for the club/division's 2023-24 program using appendix B.

Please outline any matching funding or Value in Kind that will support the project.

PROPOSAL SUBMISSION DETAILS

Submit to: Kate Boyd

Closing Date: October 27, 2023, 23:59 MST

- All applications will be reviewed by a Selection Committee designated by Nordiq Canada
- Successful candidates will be notified by phone and/or e-mail.
- Electronic submissions required. Please include the information required in Appendix A

Please contact: Kate Boyd kboyd@nordiqcanada.ca for questions. Clubs and divisions are highly encouraged to contact Nordiq Canada for clarification and assistance in preparing their application.

Notification of selections:

Successful applications will be notified by email in November.

A signed MOU agreement between the NSO and successful applicant will outline the specifics of the funding, payment terms and reporting requirements.