



2024-2025 Nordiq Canada Events Primer

Note: This document is NOT a replacement for any Nordiq Canada selection documents and serves only as a communication tool for clarification of event nomenclature and purposes. In the case of any discrepancy between this communication and any published selection criteria, the published Nordiq Canada selection criteria will prevail.

A complete definition of Competition Sanctioning and Events can be found [here](#).

DOMESTIC RACE SCHEDULE

Date	Title	Race Formats	Event Location	Selections
Dec. 6 Dec. 7 Dec. 8	Nordiq Cup / Western Canada Cup	Interval Start F 7.5 km * Sprint F * Mass CL 10 km	Sovereign Lake, BC	COC EVENT *FISU Sprint Series
Dec. 13 Dec. 14 Dec. 15	Eastern Canada Cup / Coupe Canada de l'Est	Interval Start CL 10 km Sprint CL * Interval F 7.5 km *	ENGNE Nakkertok, QC	*FISU selections
Jan. 2 Jan. 3 Jan. 4 Jan. 5 Jan. 6	Nordiq Canada Selection Trials Nordiq Cup (COC) / Essais de Nordiq Canada et Coupe Nordiq (COC)	Sprint CL Mass Start CL 20km Off Interval Start F 10km Sprint F	LSNA Thunder Bay, ON	COC EVENT U20/U23 WSC Sprint Series WC P3 Senior WSC NHPP Development Team
Jan. 31 Feb. 1 Feb. 2	Western Championships Canada Cup / Championnats de l'Ouest	Interval F 11.25 km Sprint CL Pursuit CL 15 km	Kimberley, BC	
Jan. 31 Feb. 1 Feb. 2	Eastern Championships Canada Cup / Championnats de l'Est	Sprint F Relay F Mass Start CL 10 km	CCSFQ/CNMSA/Ski bec Nordique Mont-Sainte-Anne QC.	



Mar. 16	2025 Nordiq	Training Day	Canmore, AB	COC EVENT Sprint Series NHPP Development Team Prospects Team
Mar. 17	Canada Ski	U16/U18 Interval F 5/10 km		
Mar. 18	Nationals/	U16/U18 Sprint CL		
Mar. 19	Championnats	U20/Open Interval F 10 km		
Mar. 20	Canadien de ski	U16/U18 Mass CL 10/15 km		
Mar. 21	Nordiq Canada	Club Relay mixed CL/F 4x5 km		
Mar. 22	2025	U20/Open Sprint CL		
Mar. 23		U20/Open Mass CL 20/30 km		

A. CANADA CUPS

December 13-15 – Nakkertok Nordic Centre, Gatineau, QC. East

- Emphasis on providing developmentally appropriate regional racing and reducing travel and costs to athlete and clubs. Building from East/West series.
- Tier 1 - FIS sanctioned for the combined Open category – consisting of the Senior, U23, U20 age groups.
- A Canadian athlete participating in the FIS sanctioned races aiming to obtain FIS points must have an active Nordiq Canada Race License, **AND** an active FIS license
- Combined with regional Tier 2 (non-FIS sanctioned) events and regional race series
- CPL points awarded to holders of Nordiq Canada race licenses.

NORDIQ CANADA SELECTIONS AT CANADA CUPS

- FISU Games

B. WESTERNS/EASTERNS

January 31 and February 1-2 – Kimberley, BC. Westerns

January 31 and February 1-2– Mont-Sainte-Anne, QC. Easterns

- Emphasis on providing developmentally appropriate regional racing and a regional celebration
- Tier 1 - FIS sanctioned for the combined Open category – consisting of the Senior, U23, U20 age groups.
- A Canadian athlete participating in the FIS sanctioned races aiming to obtain FIS points must have an active Nordiq Canada Race License, **AND** an active FIS license.
- Combined with regional Tier 2 (non-FIS sanctioned) events and regional race series
- CPL points awarded to holders of Nordiq Canada racing licenses

NORDIQ CANADA SELECTIONS AT WESTERNS/EASTERNS

- None

C. NORDIQ CUPS – Continental Cup (COC) series



Historically, Nordiq Canada has used the FIS COC event term 'NorAm' series for selection of our Continental Cup leaders. NorAm is outdated terminology and has been replaced with the name 'Nordiq Cups'.

- Tier 1 - FIS sanctioned for the combined Open category – consisting of the Senior, U23, U20 age groups.
- For 2024-2025, the Nordiq Cups will be held in conjunction with:
 - Nordiq Cup Sovereign
 - Nordiq Canada Selection Trials
 - 2025 Nordiq Canada Ski Nationals
- A Canadian athlete participating in the FIS sanctioned races aiming to obtain FIS points must have an active Nordiq Canada Race License, **AND** an active FIS license
 - Tier 2 Event Licenses are not permitted in the FIS categories
- All athletes in the Open Category must have an active FIS license

Nordiq Cup

December 6-8 – Sovereign Lake, BC.

- Tier 1

NORDIQ CANADA SELECTION PURPOSES

- COC leader – Tour de Ski
- FISU Games
- Sprint Series

Nordiq Canada Selection Trials

January 2-6 – Thunder Bay, ON.

- Tier 1
 - Open category – consisting of the Senior, U23, U20 age groups, only.
 - OCup add on event.

NORDIQ CANADA SELECTION PURPOSES

- 2025 FIS World Junior and U23 Nordic Ski Championship Team
- COC leader P3, P4 and P5
- World Cup P3
- Sprint Series
- Development Team

Nordiq Canada Ski Nationals

March 17-23 - Canmore Nordic, Canmore Nordic Center, AB.

- Tier 1 and 2 event
 - Combined with Nordiq Cup (COC) races.

NORDIQ CANADA SELECTION PURPOSES

- COC Leader for P1 2025-2026



- Development Team
- Prospect Team
- Sprint Series

RELEVANT CRITERIA

Consult the Nordiq Canada Document Center:

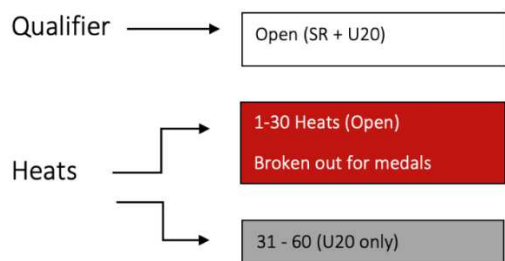
- Competition Sanctioning and Licensing
- Race License Policy
- 2024-2025 Competition Selection Criteria
- 2024-2025 Continental Cup Selection Criteria
- 2025-2026 National High Performance Program Selection Criteria
- 2025 FISU Selection Criteria
- 2025-2026 Athlete Assistance Program

SPRINT STRUCTURE AND RANKING LISTS

CANADA CUPS, NORDIQ CUPS, EASTERNS, WESTERNS

- There will only be one category for these events: Open (U20 + Senior)
 - U20's MUST REGISTER AS A U20 however, if a U20 makes top 30 in the qualifier they WILL BE PLACED in the Open category for heats and finals
 - There will be another round of heats and finals for the next best 30 ranked U20s only
- Athletes are to register in their date of birth age categories
- Heats will be separated into:
 - A. Open (1 – 30) – which will be the Top 30 athletes of U20 and Senior age categories
 - B. U20 only (31 – 60) – comprised of the next best U20s who did not qualify for the Top 30.
 - If a SR does not qualify in the top 30 Open, they do not carry onto heats.

SPRINT STRUCTURE





Heat Example

Heats = 1-30 (U20 / SR)
 # 29. U20
 # 30. SR

31. U20 – 31 place for heats
 # 32. SR
 # 33. SR
 # 34. U20 – 32 place for heats
 # 35. SR
 # 36. U20 – 33 place for heats

Medals, Awards and Ranking Lists

- Final ranking lists for medals, merchandise awards and Competition and NHPP selections will be done from the Open Final rankings then the U20 Final rankings

OPEN FINALS – EXAMPLE OF FINAL RANKING LIST

Final Open Heat Ranking	Senior Awards/Medals COC RANKING	U20 Awards/Medals	U20 World Championship Trials Race Selection Ranking List	U23 World Championship Trials Race Selection Ranking List
1.Senior (U23)	First			First
2.U20	Second	First	First	Second
3.U20	Third	Second	Second	Third
4.Senior (U23)	Fourth			
5.Senior	Fifth			
6.U20		Third	Third	
7.Senior (U23)				

- Once ranking in the Open heats are complete, ranking will continue into the U20 Heats

NORDIQ CANADA SKI NATIONALS

- There will be two categories for this event: Open and U20
- Athletes wanting to race Open are to register in the Open race category
- Heats will be separated into:
 - A. Open (1 – 30) – which will be the Top 30 athletes of the Senior age category
 - B. U20 only (1-20) – which will be the Top 30 athletes of the U20 age category



DOMESTIC EVENT TIERS

Tier 1 Event:

An event that is multi-divisional or national and primarily for the U20 and Open categories in the Learning to Compete-1 (L2C) to Train to Win (T2W) development stages. Designated racers earn FIS and CPL points. A Tier 1 event is sanctioned by FIS (Federation International de Ski) and Nordiq Canada.

Nordiq Cup (COC):

The primary purpose is to select Continental Cup (COC) leaders. The name 'NorAm' is outdated terminology and has been replaced with the name 'Nordiq Cups'.

- Tier 1 - FIS sanctioned for the combined Open category – consisting of the Senior, U23, U20 age groups
 - Examples of Nordiq Cups can include Nordiq Canada Selection Trials, Nordiq Canada Ski Nationals, Nordiq Cup (COC) series.

Canada Cups:

Emphasis on providing developmentally appropriate regional racing and reducing travel and costs to athlete and clubs. Building from East/West series.

- Tier 1 - FIS sanctioned for the combined Open category – consisting of the Senior, U23, U20 age groups.
- Combined with regional Tier 2 (non-FIS sanctioned) events and regional race series
 - Examples of Canada Cups can include Eastern and Western Championships and Canada Cup Series.

Tier 2 Events:

An event that is Divisional (PTSO) and primarily for the Train to Train (T2T) to Learn to Compete 2 (L2C-2) development stages. Designated racers earn Canada Points List points. A Tier 2 event is sanctioned by Nordiq Canada and the Division.

- Examples of Tier 2 Events can include provincial and territorial championships, provincial cups and Canada Winter Games.

Tier 3 Events:

A competition or event that is neither a Tier 1 nor a Tier 2, is open to racers or participants who are not members of the host club, AND for which more than \$5 per participant is collected. Tier 3 events may be primarily for the Fundamentals to T2T/L2C1 development stages, inter-club events, or participation-focused community or popular events.

- Examples of Tier 3 events can include the Canadian Ski Marathon, the Canmore Nordic Canada Day Run, and the Coupe des Fondeurs school ski races.



Club Event or Club Competition:

An event or competition that is hosted by one club solely for its members.

SPRINT SERIES

Nordiq Canada Sprint Series Objectives:

Nordiq Canada is introducing the Sprint Series to meet the following objectives:

- Value the development of speed as an athletic ability in our system
- Address the speed gap currently in our system
- Emphasize and value domestic racing
- Create opportunities and additional pathways for AAP selection

Eligible Competitions in the 2024-2025 season:

Date	Place	Category	Format
Period 1			
December 7, 2024	Sovereign Lake, BC	Nordiq Cup	SP F
Period 2			
January 3, 2025 January 6, 2025	Thunder Bay, ON	Nordiq Cup	SP CL SP F
Period 3	NO EVENTS		
Period 4	NO EVENTS		
Period 5	NO EVENTS		
March 22, 2025	Canmore, AB	Nordiq Cup/2024 Nordiq Canada Ski Nationals	SP CL

For eligibility, series scoring, and prizing, consult Nordiq Canada Sprint Series 2024-2025, as posted in the Nordiq Canada Document Center.