

CCD (L2C) Training and Certification Process Checklist

June 15, 2015

Ideally before CCD (L2C) dryland workshop

- ✓ Complete the five multisport CCD modules delivered by the Coaching Association of Canada or National Coaching Institutes or provincial multisport organizations:
 - Leading Drug Free Sport (training module + online evaluation)
- ✓ Managing Conflict (training module + online evaluation)
- ✓ Coaching and Leading Effectively (training module)
- ✓ Psychology of Performance (training module)
- ✓ Making ethical decisions (online evaluation)

CCD (L2C) dryland workshop

- ✓ Complete the workshop.

Before participating in the CCD-L2C on-snow workshop, submit the following to LF/E:

- ✓ Portfolio documents for **“Monitoring, testing and designing training plans for L2C athletes”**:
 - a) Athlete profile and goals
 - b) Yearly Training Plan
 - c) Summary of goals and priorities for each period
 - d) Weekly training plans
 - e) Practice plans
 - f) Testing and monitoring plan
- ✓ Example of technique video analysis for **“Analyzing technical performance of L2C athletes”**

NB: see Competition-Development evaluation guidelines for more details on portfolio documents to provide

CCD-L2C on snow workshop

- ✓ Complete the workshop.
- ✓ **“Monitoring, testing and designing training plans for L2C athletes”** evaluation completed by interview with coach
- ✓ **“Analyzing technical performance of L2C athletes”** evaluated

- ✓ Hard wax, glider and powder application competencies evaluated (part of **“Supporting the competitive experience”** evaluation)

☐ To complete CCD-L2C context training and evaluation process

- ✓ Complete **“Planning and delivering a practice”** evaluation
- ✓ Complete **“Supporting the competitive experience”** evaluation
- ✓ Complete **“Managing a program for L2C athletes”** evaluation
- ✓ Submission of NCCP CCD-L2C experience form attesting the completion of the following practical learning experiences:
 - Coach (performing all CCD outcomes) a group of L2C athletes on a weekly basis for a minimum of 12 weeks on snow and 24 weeks dryland
 - Organize and lead one dryland and one on snow divisional camp for L2C athletes
 - Lead a team to Nationals, Easterns, Westerns or World Junior Championships trials
 - Successfully complete a HPCE training camp assignment with NDC or NST