



Nordiq Canada Women's Committee is committed to supporting and helping with female athlete retention in the sport of cross country skiing. The committee recognizes that a major contributing factor to female athlete motivation to stay in sport is the concept of relatedness and a sense of belonging. One of the best ways to increase an athlete's relatedness is to value and strengthen a positive team culture. Through this grant(s) we are looking to provide teams with the resources they need to improve team culture and create a space where female athletes want to be and want to ski. This grant will help fund a team building project that your team comes up with.

Value:

\$1500 – 1-5 grants available (grant awarded will depend on cost of application and discretion)

Eligibility Criteria:

To be eligible, a nominee(s) must:

- Be a team that includes female athletes or is all female
- Be a club or team registered with Nordiq Canada
- Have the intention of attending a least 3 races (local, provincial or national) as a team
- Show proof of current and/or plans for future reinvestment into the longevity of female athlete retention at your club or team

Application process:

Interested teams should forward a letter and/or video to the Nordiq Canada's Women's Committee that includes the following:

- Identify ski club and/or team
- Outline short and long term athletic goals of your team
- Discuss what makes your team so great!
- How would this grant be used to create and maintain a positive team culture?
- Brief budget outline of the expense(s) of your application idea
- Name of coach and email address (may be contacted to verify application)
- List of races your team plans on attending this 2019/20 season
- Discuss passion for the sport and any ways your team encourages female athlete retention and how this project will lead to long-term positive team dynamics.

Applications are due by December 30, 2019

Successful applicants will be notified by January 10, 2019 . Grants will be awarded based on creativity, quality, specificity and detail of application as well as longevity of investment into a club or team program (ie. female athletes will benefit for longer than just the present season).

Please note: Depending on the number and quality of applications, the Nordiq Canada Women's Committee reserves the right to make a discretionary decision on the number of grants they will award.

Applications should be sent to: info@nordiqcanada.ca

Attention: Allison McArdle, Chair – Women's Committee