

Canada Points List Publication & Event Seeding 2024-25

1. Canada Points Lists for Sanctioned Competitions

- a) All FIS and Nordiq Canada Tier 1 and Tier 2 cross country ski sanctioned races will be included in the points lists, provided the appropriate race information has been forwarded to FIS/ Nordiq Canada by the publication deadlines. Only current license holders at the time of the competition will be awarded points.
- b) Distance and Sprint Canada Points Lists (Di CPL, Sp CPL) will be created. These lists will include all international and domestic results during the current period and will rank all FIS and Canadian license holders based on CPL calculations. The standard lists will include points from all races in the 365 days preceding the publication date. A competitor who did not compete for more than one year since the last considered results, will lose all CPL points earned.

Publication release dates will be aligned with FIS Points List publications as much as possible:

[FIS/NRL/NC Points List Publication Dates – Zone4 Help](#)

2. Calculation Process

- a) Distance: a competitor's points will be the average of his or her best seven distance results over the last 365 days.
- b) Sprint: a competitor's points will be the average of his or her best four results (using qualifying times) over the period of the last 365 days.
- c) Athlete's with less than the required number of races will have their race points adjusted in the following manner:

Sprint:

- i. Best three results X .99 = Sprint Points
- ii. Best two results X .98 = Sprint Points
- iii. Best single result X .97 = Sprint Points

Distance:

- iv. Best six results X .99 = Distance Points
- v. Best five results X .98 = Distance Points
- vi. Best four results X .97 = Distance Points
- vii. Best three results X .96 = Distance Points
- viii. Best two results X .95 = Distance Points
- ix. Best single result X .94 = Distance Points

- d) During the 2024-25 Competition season (starting July 1st 2024) only racers that have been seeded and start together in common distance competitions will be combined for point calculation purposes.
- e) For races on the FIS calendar, the FIS calendar status will be used for point calculation.
- f) Only Canadian or FIS license holders are considered eligible for points.
- g) Race points:
 - The scores of the 2 highest point's carriers from the previous points list (common technique) are averaged to give the "Reference Points Factor" for that competition. Reference skiers must finish among the top five eligible skiers in the race.
 - The average of the 2 fastest times of eligible skiers over the distance is calculated and called the "Reference Time" presented in seconds.
 - $\text{Canada Points} = \text{RefPoints} * (\text{RefSeconds} / \text{RacerSeconds})$
 - A given skier's points for the race are calculated by dividing the Reference Time by the skier's time and multiplying it by the Reference Points factor.
 - Sanctioned U14 competitions with 2 or more Nordiq Canada license holders in the top 5 will be scored for points.
 - In competitions where reference skiers have points on the CPL, the top two recorded points will be used as reference. If there are less than 2 competitors on the CPL among the first five on the results list, a competitor(s) may be assigned a maximum value of 55 for the purpose of calculating points for that competition.
 - The drop-down concept will be used to calculate points for competitions with guest or new skiers who do not have reference points or a Nordiq Canada /FIS Racing License. In other words, the skiers' race time and ranking will not be considered when determining points for that competition.

3. Seeding

- a) The published CPL will serve as seeding lists to be used between the publication dates in accordance with Nordiq Canada's technical packages and Nordiq Canada rules. For protocol on seeding Nordiq Canada Ski Nationals, and other Nordiq Canada sanctioned events, please visit the Nordiq Canada website.

- b) If an event (i.e. several races hosted by an Organizing Committee) carries over a publication date, the seeding used at the start of the event will remain in effect for the duration of the event unless otherwise stipulated in the technical package covering the event.
- c) Where special circumstances (illness, injury and absence from Canada) dictate, consideration will be given to adjusting the seeding status of proven high level athletes. The Sport Development Director will make a decision on such cases based on a written submission from the athlete or the athlete's coach on their behalf, submitted one week in advance of the event. Generally this adjustment will only last for one period and will use as a reference the athlete's unadjusted points.

4. Canada Points Lists for roller ski competitions

- a) Points for sanctioned roller ski races will be calculated as per the cross-country ski races protocol and using the regular Nordiq Canada CPL to determine race reference points.

Roller Ski events' points will be posted on the Races Results List under the Points tab but will not be included on the regular cross country ski CPL for seeding or selection purposes.

Disclosure: Purchase of a Nordiq Canada license entitles race performances to be tracked and included in the Canada Points List. Nordiq Canada uses all efforts to include all FIS and Nordiq Canada sanctioned race results on the points list however due to the increased number of Canadian racers competing outside of Canada we cannot guarantee inclusion of all results from every sanctioned competition. If sanctioned Nordiq Canada or FIS race results do not appear on the most recent CPL please inform Nordiq Canada within 30 days of the publication of the Seeding or Selection list. Nordiq Canada can't be held responsible for result omissions after this period.